

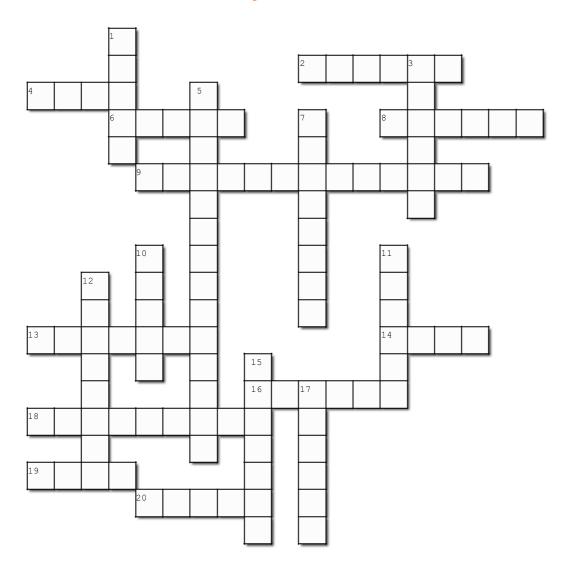


# CARROT FACTS FOR KIDS

Mother 2 Mother Blog

- Carrots are considered root vegetables because they grow underground.
- The original carrots were purple, white and yellow.
- Carrots were cultivated in Iran and Persia, now Afghanistan.
- The orange carrot originated in Europe.
- Dutch settlers brought the orange carrot to Jamestown, VA.
- Carrots are orange because of the beta-carotene in them.
- Orange carrots became popular, and replaced the purple, yellow and white carrots.
- Carrots were first grown for their leaves and seeds for medicinal purposes.
- Rabbits love carrots; however, carrot tops are healthier for rabbits. One carrot for a rabbit is equivalent to eating 20.
- Carrots help clean our teeth and stimulate gums.
- China is the largest producer of carrots. Russia is second and the United States third.
- The longest carrot was 20 feet.
- The heaviest carrot weighed 22 pounds...
- There are 100 species of carrots.
- Carrot comes from the Greek word Karoton.
- A teaspoon of carrots holds 2,000 seeds.

## **History of Carrots** - M2M



### <u>Across</u>

- 2. One of the original colors of carrots.
- **4.** What type of vegetables are carrots?
- **6.** Largest grower of carrots?
- 8. What animal loves carrots?
- 9. What give carrots their orange color?
- **13.**Word is the Greek word carrot is derived from?
- 14. Eating carrots stimulate what part of our mouth?
- 16. Where did the orange carrot originate?
- 18. Where was the heaviest carrot grown?
- **19.** Carrots were first grown in what country?
- 20. Carrots help clean what part of our mouth?

#### Down

- **1.** What settlers brought carrot seeds to the United States?
- 3. Carrots were first grown for what purpose?
- 5. Where was the longest carrot grown?
- **7.** There are 2,000 seeds in what measuring device?
- **10.** A color of the original carrots.
- 11. Carrots help remove what from our teeth?
- **12.** What state did settlers bring carrot seeds to?
- **15.** Carrots are considered?
- **17.**What country is the second largest grower of carrots?

## **Carrot Facts for Kids**

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UnitedKingdom medicinal Minnesota beta carotene
Europe karoton Russia Europe plague root orange
seeds China yellow rabbits purple Dutch seeds
teeth Iran white Dutch gums